



# Recovery News



**MACAI**

Metro Atlanta Cocaine Anonymous Intergroup

**January 2018**

[www.georgiaca.org](http://www.georgiaca.org)

[MACAI.News@yahoo.com](mailto:MACAI.News@yahoo.com)

**Helpline: 404-255-7787**

## The Principal of the 1st Step is Honesty

Read the Long Form of Step 1 on pages 1-52 of The Big Book of Alcoholics Anonymous

***We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.***

I went to my first Cocaine Anonymous meeting a little over 4 years ago in the little town of Opelika, Alabama. I had a sponsor who was beginning to take me through the steps outlined in the Big Book of Alcoholics Anonymous and was active in CA. He suggested that I go with him to the meeting. I remember being greeted at the door by someone who said, "Welcome home." I can't remember much of what was shared at that meeting but I do remember relating to and identifying with the other members and feeling as though they had something to offer me. At the beginning of the meeting someone read, "We Can Recover." It was then that I heard CA's all-inclusive first step, "We admitted we were powerless over cocaine and all other mind-altering substances- that our lives had become unmanageable." That's what lead me to seek help, my inability to control my use of cocaine but also my love affair with all other mind-altering substances. "In our using days, we rode drug roller coasters. There were drugs to come down with, drugs to go up with, and drugs to mellow out with." "CA Pamphlet, "And all other Mind-Altering Substances." At the end of that meeting my sponsor gave me a copy of the CA storybook, "Hope, Faith and Courage." I read some of the stories in that 1<sup>st</sup> edition and continued to identify with the other members. At this point my life was still unmanageable but I had started getting some relief through working the steps. That's one point that my sponsor really emphasized early on was the importance of understanding the unmanageability of my life. Even after I quit using, the unmanageability of my life would continue to present itself. To me, these are described as the be-devilments on pg. 52 of the Big Book. Recently I have been blessed to be able to help bring the CA fellowship to the North Georgia Mountains where I reside. Just as it states in "A Vision for you," "He will show you how to create the fellowship you crave." BB p. 164.

What's  
inside?

**Step 1  
Contact Info**

1

**7th Tradition**

2

**Events  
And  
Happenings**

3

**Trusted  
Servants  
Birthdays**

4

Hope,  
Faith &  
Courage

VOLUME  
**II**

Stories and Literature  
from the Fellowship of  
Cocaine Anonymous



**"Keep coming  
back, the  
Program works,  
We're Here and  
We're Free."**

**Disclaimer:** all opinions expressed in the CA Recovery Newsletter are those of individual members in our fellowship and not attributed to MACAI, GA Area or CA World Services Organization as a whole. However, we strive to maintain CA traditions when selecting content for publication.



# MACAI 7th Tradition

**GROUP**

	2016 Totals	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD	TOTAL %
Awesome Group									106.55					106.55	2.98%
Beyond Human Aid													32.35	32.35	0.90%
Carry This Message	910.00					282.00		162.00		118.00			102.00	664.00	18.55%
Clean & Free														0.00	0.00%
Hope, Faith & Courage	50.00	53.00								25.00			30.00	108.00	3.02%
Kick Rocks	93.00													0.00	0.00%
Just Before 7	22.40	8.00				18.00					22.00	22.00	7.75	77.75	2.17%
Last Straw	20.00													0.00	0.00%
Line by Line	125.00													0.00	0.00%
Log Cabin	588.22		367.05			315.70					313.40			996.15	27.82%
New Life	56.00													0.00	0.00%
Recoil & Recover	169.00					95.00		35.00	40.00					170.00	4.75%
Ridgeview 8:05	67.00													0.00	0.00%
Saturday Night Live	85.00													0.00	0.00%
Saturday Nite B47	16.00													0.00	0.00%
Solutions Group	420.00										500.11		96.00	596.11	16.65%
Spearheads	914.00					258.00		291.00			145.00			694.00	19.38%
Spiritual 12	125.00	22.76												22.76	0.64%
Spiritual Awakenings	118.89													0.00	0.00%
Today's Hope	155.00					45.00					13.70	10.00	15.00	83.70	2.34%
Tucker Turtles														0.00	0.00%
U Can	40.00					20.00					9.00			29.00	0.81%
<b>TOTAL GROUP COLLECTIONS</b>	<b>3974.51</b>	<b>83.76</b>	<b>367.05</b>	<b>0.00</b>	<b>0.00</b>	<b>1033.70</b>	<b>0.00</b>	<b>488.00</b>	<b>146.55</b>	<b>143.00</b>	<b>1003.2</b>	<b>32.00</b>	<b>283.10</b>	<b>3580.37</b>	<b>100.00%</b>

**MACAI Meets at The Triangle Club in Buckhead. MACAI meets the first Wednesday of each month at 6:30pm. You do not have to hold a service position to attend—although you might have one when you leave!**

# The W.A.L.L.L

“The What Any Length Looks Like”  
Big Book Experience



**Big Book Sessions Facilitated by Tarek K.  
and Brandon P.**

Sponsored by Sober Men Living and The Launching Pad Recovery  
Coffee, Refreshments and Snacks Provided

**There's no cost to attend this event**

**Friday, March 2nd: 5:00 PM – 10:00 PM**

Speakers:TBD

**Saturday, March 3rd: 1:00 PM – 10:00 PM**

Speakers:TBD

**Sunday, March 4th: 1:00 PM – 5:00 PM**

Speaker:TBD

**Venue: Branches of Christ Church**

**5946 Jacobs Rd. SE Acworth, GA 30102**

**For more information, please call Brandon S. 706-466-9474**

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## January birthdays!

### Birthdays are a big deal!

(Submit to [MACAI.News@yahoo.com](mailto:MACAI.News@yahoo.com))

- Bill B. 25years Log Cabin**
- Ron J. 21 years Log Cabin**
- Kent 3 years Log Cabin**
- Amanda I. 7 years Log Cabin**
- Jenna C. 2 years Line by Line**
- Stephanie C. 3 years Line by Line**
- Bob M. 10 years New Life Group**
- Lynn A. 7 years New Life Group**
- Kenny D 4 years New Life Group**
- Faith P. 1 year Recover and Recoil**
- Blake N 1 year Recover and Recoil**
- Ret T. 1 year Recover and Recoil**
- Jerry B. 29 years Spiritual 12**
- April A. 11 years Spiritual 12**
- Ken B. 8 years Hope, Faith, and Courage**
- Gerry K. 22 years Hope, Faith, and Courage**
- Karseen K. 30 years Today's Hope**
- Kim F. 26 years Today's Hope**



## METRO ATLANTA COCAINE ANONYMOUS INTERGROUP

Chair	Amanda I.	(404) 219-7076
Vice Chair	Open	
Secretary	Tinsley E.	(404) 915-1818
Asst. Secretary	Daniel M.	(229) 733-9495
Treasurer	Kathy R.	(678) 983-2770
Asst. Treasurer	Open	
Supplies	Fred J.	(770) 310-2360
H & I	Tanya P.	(706)399-2131
Helpline	Chris R.	(770) 882-9254
Newsletter	Steven B.	(513) 544-8723
Service Manual	Stephanie K.	(770)605-9927
Public Info	Daniel M.	(229) 733-9495
Activities	Dillon C.	(404)645-9921
Unity	Butch E.	(678)789-4848
Finance	Tom S.	(404) 786-2167
DSR	RC H.	(678)525-3889
DSR	Jim H.	(615)785-1137

### GEORGIA AREA CHAIR

Amanda I. - Atlanta, Ga.

### ATLANTIC SOUTH REGIONAL TRUSTEE

Anne M. ([ASRTrustee@gmail.com](mailto:ASRTrustee@gmail.com)) (520) 390-9628

### WORLD SERVICE DELEGATES

- Bob W. Atlanta (678)748-1859
- Chris R. Atlanta (770) 882-9254
- Stephanie K. Atlanta (770)605-9927

The Area Meeting will be held on January 20th at Vinings United Methodist Church.

Please come support the area and get current information on CA happenings in your area.

### Reminder!

**M.A.C.A.I. Service Positions still OPEN!**

**Give the gift of service:**

**Service Manual, H&I and DSR positions available.**

**See your GSR for more information!**

### Metro Atlanta Cocaine Anonymous Intergroup

P.O. Box 13612 Atlanta, GA. 30324

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the first Wednesday of every month at 6:30pm